



# Vintages



Volume 20, Issue 5

Editor: Gail Knight

May 2020

## USING SHELTERING TIME EFFECTIVELY

Tim Stewart  
for the Board

Like the rest of the world, the community is sheltering in place during the pandemic. Our primary concern is the well-being of our neighbors.

The Board wants to thank all residents for their consideration of and help provided to neighbors. We especially thank the Caring Committee - Valerie Kent, Martha Hatch and Betty Busciglio, along with others from the community who have kept in touch with each resident and have provided support services when required. Volunteers have offered to shop and have made masks. People are walking together while observing social distancing rules, and we all look fondly at the Club House as we pass by, hoping it will reopen soon. When it does we don't know what restrictions will be in place due to governing policies and insurance.

Please use this time to prepare your Owner Garden for spring and summer. Our unique and beautiful Owner Gardens set the tone of the community and elevate our spirits. It is also a good time to power wash decks or patios and clean back stairs (Simple Green works well). Finally, please report any repair or maintenance issues to our Property Manager or Administrative Assistant.

The Board is working on several projects in addition to developing the budget for next year. As part of our important and ongoing Tree Risk Mitigation Program, we will remove some additional front yard trees, where they are too large, show signs of disease or where their location threatens buildings drive-ways or walkways. We will also be removing a couple of street trees and will landscape three affected front yards. We hope you will like the result.

The board decided to forego mulching this year. We have had plenty of mulch applied and LBY has cleaned up and redistributed the existing material. LBY will watch for and take care of weeds. This action not only saves us money but also reduces the accumulated toppings in our plantings and around trees.

Finally, we do not know when the pool will open and what the rules of use will be, but Loeffler Pools will have it ready by Memorial Day. It will open when the risks, governing policies and insurance permit.

To all residents, owners and their families- we wish you a healthy and personally productive Spring! Make the best use of the situation we are in.



### Editor Note:

From May 2020 going forward there will be no distribution of a printed Vintages. The digital Vintages will be distributed by email by George Kline.

Please ensure George has your correct email address.

Unable to view or print the newsletter?

Please advise Gail Knight at 908-955-7022 to make arrangements for a printed copy. Thanks

## NEW POLLINATOR GARDEN COMING THIS MONTH

There will be a new garden planted this spring featuring annual and perennial nectar-containing plants that will attract various pollinators such as bees, butterflies, moths and hummingbirds. It will be located to the left of the entrance to the gazebo near the clubhouse. The garden will be planted and maintained by the Landscape Committee. We invite you to sit inside the gazebo and watch this new haven for busy pollinators this summer.



## TIPS ON CONTAINER GARDENING

Robin Morley

Many of you will start planting colorful annuals in containers and flower beds by the end of the month (last frost date for Morris County is approx. 5/20), so here are a few tips to get you off to a sure start.

First, choose a good size container so that it will not dry out too quickly and will provide plenty of room for the plants to grow. Containers must have a drainage hole to avoid water-logged plants.



Second, use fresh potting soil mix each year – do not reuse the soil mix from year to year.

Third, fertilize the soil before planting with time-released fertilizer granules (such as Osmocote) which will last about 3 months.

Fourth, plant your annual seedlings in the container leaving an inch of space between the soil surface and the rim of the pot for easy watering. Choose plants that are suitable for sun or shade depending on the location of your container. Select plants in 2-3 contrasting colors or in the same color family.

Fifth, once established, groom your plants; deadhead spent blooms, clip off dead foliage, and prune leggy branches to keep the whole container in a pleasing shape.

Here is a handy list of annuals that are deer-resistant; many are heat tolerant too:

Ageratum	Dusty Miller	Snapdragon
Alyssum	Heliotrope	Torenia
Angelonia	Lantana	Verbena
California Poppy	Nicotiana	Vinca
Celosia	Pentas	Zinnia
Cleome	Salvia	

## ORDER YOUR FACE MASK HERE!

If you had told me a year ago that I would be living with my parents, single, and newly unemployed, I'd have said you were crazy! The world is a very different place today and here we are. It's been quite the adjustment to say the least. Trying to find new things to do to occupy my time has been interesting and I'm sure it is the same for everyone. The only time I'm capable of sitting still is when I wake up to drink my coffee. With that said, I've decided to use my sewing skills to make face masks for people that need them. Now that it's required to wear face masks upon entering grocery stores and pharmacies, I've realized that there are still so many people that do not have the proper protective wear. In order to slow down this virus, we **MUST** protect ourselves and others!

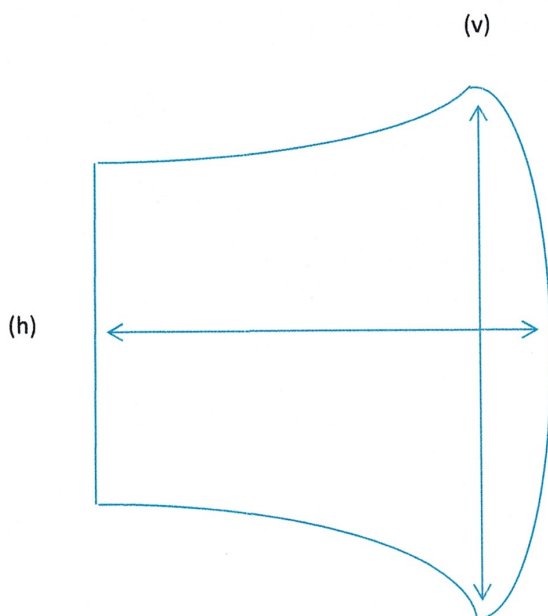
I'd like to give every household in the Four Seasons community a free face mask. Yes free—but donations are welcome. As long as my supplies last, I will keep producing. I feel that giving away a mask and possibly helping someone in need is the least I can do.

All you need to do is e-mail me your name, address and size you'd like and I'll drop it off in your mailbox within a few days. Every mask is made from 3 layers of pre-washed and dried cotton fabric. Once assembled, I iron each one and put it in its own sealed baggie. (And yes, I even wear a mask while sewing).

There are 3 sizes. Small (which should fit most kids), medium, and large. If you think you may need a bigger size, please let me know and I will do my best to accommodate. All of the masks have 4 soft fleece cords to tie behind the head or to make ear loops with. They are all hand washable or machine washable in a garment bag. Please see below the horizontal and vertical dimensions attached for sizing.

Please contact me at [climbermo@gmail.com](mailto:climbermo@gmail.com) to place an order or if you have questions.

Michele Off, 2 Drake Lane



Small = (h)3.5" x (v)4.5"

Medium = (h)4" x (v)5"

Large = (h)4.5" x (v)5.5"



## RECYCLING AND WINDY DAYS!

Diana Schlesinger

Please make sure your items to be recycled are secure!

For some reason it always seems to be windy on recycling day! The wind can lift light items right out of uncovered containers and the containers can fall over as well. The stuff blows everywhere and becomes a blight of litter on our lawns and in our flowerbeds.

Thank you to the residents who clean up this stuff!

And a quick note, one of the escapees on a recent Friday was a black Styrofoam tray. Styrofoam is NOT recyclable.



From the Township: **“Residents, please take care when putting out recyclables to ensure that they don’t blow away and cause a littering problem for the neighborhood.”**

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## PRIMARY ELECTION: JULY 7, 2020

### VOTE BY MAIL INFORMATION

Diana Schlesinger

As of now, the New Jersey Primary election is still scheduled for July 7, 2020.

You may wish to skip the trip to the polls, and vote by mail. While NJ does not have a huge Vote by Mail system, voters can request and use an absentee ballot without providing a reason why one is needed. An absentee ballot must be requested using a form available on the Internet.



The website is **[www.morriscountyclerk.org](http://www.morriscountyclerk.org)**.

Choose “Elections” from the menu at the top of the site.

Then Choose “Vote by Mail” from the menu on the right hand side.

Step 1 is a link to the “Mail-In Ballot Application”.

Print it, complete it, and mail it in. Our printer did it two-sided so it looks like a ready-to-mail folder.

**Please note in the directions, once you apply for an absentee ballot, you MUST use that. You will NOT be allowed to vote in person.**

If you have any issues obtaining or printing the “Application for Vote by Mail” you can contact me and I will leave one in your mailbox.

Diana Schlesinger

12 Wyckoff Way

[dschles@comcast.net](mailto:dschles@comcast.net)

## DOG WASTE ETIQUETTE

Four Seasons is a pet friendly community and our residents have been very conscientious about cleaning up after their pets. The last time a request to remind neighbors about dog waste was October 2018.

Unfortunately there have been recent incidents where dog waste was bagged and thrown to the side of the walkway. Today, April 25, walking around 15 Wyckoff Way on the grass and road there was dog waste, from a very large dog, that was not even bagged. There is no way of knowing who was responsible - they may not even be residents of our community.

In these unusual times, when many of us are walking and social distancing, if you see someone walking a dog in the community, and it seems appropriate, please ensure they know the rules. The following are our guidelines.

Four Seasons expectation of dog walkers - be they residents, professional dog walkers or visitors to Four Seasons - is they must pick up their dog's waste and dispose of it using their own trash containers. Expecting residents to pick up discarded dog waste or finding dog waste deposited in their garbage or recycle containers and not complain is not very realistic.



## COVID-19 UPDATE: HOW TO PURCHASE GARBAGE STICKERS

Chester Township

Low on trash stickers? We ask that you to SKIP THE TRIP to Town Hall.

Garbage stickers can be purchased over the phone with Blue Diamond at 973-598-9800 and will be mailed to your home. (Have your credit card ready.)

OR

Payment for stickers can either be left in the drop box outside of Town Hall or mailed to 1 Parker Rd., Chester NJ 07930. We will mail the garbage stickers to you. Simply put a check in the drop box or mail, made out to 'Blue Diamond' for the number of sheets required at a cost of \$16 per sheet, along with a note stating which address you want the stickers mailed to.

Thank you for your cooperation.

## WHO WAS THAT GUY IGNAZ?

Greg Faughnan

As you might think from the name, Ignaz was "not from around here." Ignaz Semmelweis was a Hungarian doctor, born to German parents in 1818 in the neighborhood of Buda, now a part of Budapest. Ignaz was the fifth of ten children born to a successful shop owner, Josef Semmelweis and Terze Muller.

Ignaz began studying law at the University of Vienna but switched to medicine. He was awarded the Doctor of Medicine degree in 1844. Later, after failing to obtain an appointment in a clinic for internal medicine, Semmelweis decided to specialize in obstetrics. He was appointed assistant to Professor Johann Klein in the First Obstetrical Clinic of the Vienna General Hospital on July 1, 1846. His duties were to examine patients each morning in preparation for the professor's rounds, supervise difficult deliveries, teach students of obstetrics and be "clerk" of records.

Maternity institutions were set up all over Europe to address problems of infanticide of illegitimate children. They were set up as *gratis* institutions and offered to care for the infants, which made them attractive to underprivileged women, including prostitutes. In return for the free services, the women would be subjects for the training of doctors and midwives.

Two maternity clinics were at the Viennese hospital. The First Clinic had an average maternal mortality rate of about 10% due to puerperal fever. The Second Clinic's rate was considerably lower, averaging less than 4%. This fact was known outside the hospital. The two clinics admitted on alternate days, but women begged to be admitted to the Second Clinic, due to the bad reputation of the First Clinic. Some women even preferred to give birth in the streets (and still qualify for childcare benefits), rather than go to the First Clinic. Semmelweis was puzzled that puerperal fever was rare among women giving street births. "To me, it appeared logical that patients who experienced street births would become ill at least as frequently as those who delivered in the clinic. What protected those who delivered outside the clinic from these destructive unknown endemic influences?"

Semmelweis was severely troubled and started a meticulous process for eliminating all possible differences between the two clinics. The only major difference was the individuals who worked there. The First Clinic was the teaching service for medical students, including instruction through autopsies, while the Second Clinic was for midwives only. The breakthrough occurred in 1847 when Semmelweis' good friend died from an accidental scalpel cut during a *post mortem*. The autopsy showed a pathology similar to that of the women dying from puerperal fever. Semmelweis immediately proposed a connection between cadaveric contamination and puerperal fever.

He concluded that he and the medical students carried "cadaverous particles" on their hands from the autopsy room to the patients they examined in the First Obstetrical Clinic. This explained why the student midwives in the Second Clinic, who were not engaged in autopsies and had no contact with corpses, saw a much lower mortality rate. The germ theory of disease had not yet been accepted in Vienna.

Semmelweis instituted a policy of using a solution of chlorinated lime (calcium hypochlorite) for washing hands between autopsy work and the examination of patients. He did this because he found that this chlorinated solution worked best to remove the putrid smell of infected autopsy tissue, and thus perhaps destroyed the causal "poisonous" or contaminating "cadaveric" agent hypothetically being transmitted by this material. The result was the mortality rate in the First Clinic dropped 90% and was then comparable to the Second Clinic.<sup>1</sup>



Dr. Ignaz Semmelweis  
Born: July 1, 1818

Died: August 13, 1865,  
aged 47

(Continued on page 7)



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So, was Dr. Semmelweis, the "savior of mothers", cheered? No! The medical establishment refused to believe that they, the middle and upper class of Vienna, while treating the poor lower class, could have dirty hands!

It was only in 1857, when Louis Pasteur raised awareness of pathogens, and how to kill them with heat, that Dr. Semmelweis' teachings gained acceptance.

"If there had to be a father of handwashing it would be Ignaz Semmelweis," says Miryam Wahrman, a professor of biology at William Paterson University, and author of *The Hand Book: Surviving in a germ-filled world*.<sup>2</sup>

Something to think about in these days of coronavirus.

1. Wikipedia
2. The Guardian, March 18, 2020, Amy Fleming, "Keep it clean: the surprising 130-year history of handwashing."



## BOOK CLUB READING LIST

Submitted by Lisa Resnick

The following is the Four Seasons book club list for the upcoming months. Dates are tentative.

May 13: **The Silent Patient** by Alex Michaelides.\*

June 10: **Our Last Hope: A Voyage to Escape Nazi Germany** by Roberta Kagan

July 8: **The Long Petal of the Sea** by Isabel Allende

Aug 12: **American Dirt** by Jeanine Cummins

Sept 9: **A Bookshop In Berlin: The Rediscovered Memoir Of One Woman's Harrowing Escape from the Nazis** by Francoise Frenkle

\*At the May meeting book club members will read the play *Alcestis*, an Athenian tragedy by the ancient Greek playwright Euripides. It was first produced in 438 B.C. The myth is mentioned in the book **The Silent Patient** our May book club choice. Each member will be given the option to read a part or just listen.

## COMMUNITY PROBLEMS / QUESTIONS ?

Taylor Management, as our property management firm, creates our work orders and interfaces with contractors about any questions regarding landscaping, maintenance or other problems in the community.

When you have any questions or concerns, please remember to email Dan Fitzpatrick at dan@taylormgt.com or Daniela DeVries at ddevries@taylormgt.com or call them at 973-267-9000 Dan (x304) or Daniela (x316).

Visit our Community Website: [www.fourseasonschester.com](http://www.fourseasonschester.com)

## Four Seasons at Chester is on Facebook

Dan Hartman has put Four Seasons activities on Facebook.

All you need to do to participate is have a Facebook account and become a friend of "Four Seasons at Chester"

## WHO'S WHO?

### BOARD OF TRUSTEES

President - Tim Stewart (2022)  
Vice Pres./Facility - Mike Pelepshin (2021)  
Secretary - Karen Newhouse (2021)  
Treasurer - Hector Garcia (2022)  
Amenities - Steve Schlesinger (2023)

### COMMITTEES

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Bob Duffy, Chair  
Marie & Charlie Bryant  
Jim Daly  
Diana & Steve Schlesinger

#### By-Laws

Bob Ardis  
Bob Duffy  
Ray Lanza  
Steve Heller  
Len Palamaro

#### Clubhouse

Judy Spiniello, Chair  
Valerie Kent, Supplies  
Gail Knight, Supplies  
Betsey Garcia, Supplies  
Lynne Melillo, Holiday Decor  
Joel Melillo, Exercise Equipment  
Library - Rosanne Palamaro  
Barbara Newcomb, Advisor

#### Covenants

Bob Ardis  
Debbie Omansky  
Peter Spera

### Facilities

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Fred Karasek  
Bob Reigrod  
Steve Schlesinger

### Finance Advisory Group

John Fuss  
Ray McCann  
Betsy Mintz

### Insurance Advisor

Rick Resnick

### Landscaping & Trees

Chris Biava  
Herb Maiwaldt  
Sylvia McBrinn  
Robin Morely  
Diana Schlesinger

### Pool

Greg Faughnan  
Bruce Goldstein  
Steve Hansbury  
Joel Melillo,  
Louise Saliceti

### SUPPORT COMMITTEES

#### Caring & Newcomers

Valerie Kent, Chair  
Betty Busciglio, Co-chair  
Martha Hatch, Welcomer

#### Directory

George Kline, monthly electronic  
Gail Knight, printed

### Media Committee

Dan Hartman - Chair  
Hector Garcia

### Recreation Planning

Hope Swarts, Chair  
Marie Bryant  
Betty Busciglio  
Patricia Cable-Perkins  
Linda Diforio  
Lucille Duffy  
Marion Ellis  
Martha Hatch  
Colleen & Dan Hartman  
Allan & Barbara Newcomb  
Joan Off  
Karen Shuffler  
Barbara Stewart  
Lori Tolento  
Birgit Wills

### Vintages

Gail Knight - Editor  
The Klines - Backup

### Information Distribution

George Kline, Email  
Karen Shuffler, Flyers

### EMERGENCIES

Dan Fitzpatrick, Property Manager -  
EMERGENCIES ONLY 973-479-3958

### Automated External Defibrillator (AED)

Located in the fitness center at the  
Clubhouse — Call 911